

EMPOWERING ADOLESCENTS THROUGH AWARENESS

25 JANUARY 2025



Adolescent Awareness Session Held at Kuzhiyakkad Anganwadi

The Oleevia Foundation recently conducted an engaging adolescent awareness session for 25 young girls from the Adolescent Group under Kuzhiyakkad Anganwadi, Kallepully, Palakkad, under **Project Sashakt Bachpan**. This initiative named **Sampoorna Yuva Yojana** aimed to empower the participants by addressing their unique challenges and equipping them with knowledge and coping strategies for navigating adolescence effectively.

Insightful Session by Project Coordinator Sreeja

Sreeja, our Project Coordinator, delivered a session on adolescence basics and common challenges. Her interactive approach encouraged open discussions, fostering a supportive environment for self-awareness and understanding adolescence's unique changes.



Counseling Session by Chief Project Manager Gautam Ramakrishnan

Gautam Ramakrishnan, our Chief Project Manager, conducted a counseling session focusing on handling adolescent challenges. He provided practical guidance on emotional regulation, peer pressure, and self-confidence, making the session impactful and relatable.



Creating a Lasting Impact in the Community

This awareness session reflects the Oleevia Foundation's unwavering commitment to empowering adolescent girls through education and support. By equipping them with knowledge and life skills, the foundation continues to ensure their growth, resilience, and preparedness to face challenges both in adolescence and in their future lives.

