



SATURDAY
18/01/2025

EMPOWERING ADOLESCENT GIRLS UNDER PROJECT SASHAKT BACHPAN



Guidance from an Expert Social Worker

Sreeja, Project Coordinator and Social Worker, led the session, offering valuable insights into adolescent development. She discussed prevalent issues faced by adolescent girls and shared actionable tips to navigate this transformative phase with confidence and resilience.

Interactive and Engaging Discussions

The session encouraged active participation, with the girls freely sharing their personal experiences and asking thoughtful questions. The discussions fostered a safe and supportive environment, empowering participants to express themselves openly, understand their challenges better, and feel more confident about addressing them.



In Focus: Awareness Session at Chirakkad I Anganwadi

The Oleevia Foundation, in collaboration with ICDS and Chirakkad Anganwadi (Centre No. 116), Palakkad conducted an impactful awareness session for over 25 adolescent girls and parents under our initiative “Sampoorna Yuva Yojana” under Project Sashakt Bachpan. The session aimed to educate participants about adolescence, address their common challenges, and equip them with practical strategies to navigate this critical life stage effectively and confidently.



A Holistic Approach to Awareness

The initiative emphasized the importance of addressing physical, emotional, and social aspects of adolescence comprehensively. It highlighted the role of self-awareness, peer support, and healthy habits in fostering overall well-being among young girls, while encouraging proactive steps to achieve personal growth and development.

Commitment to Upliftment

This awareness session reflects the Oleevia Foundation's unwavering commitment to empowering adolescent girls through education and support. By equipping them with knowledge and life skills, the foundation continues to ensure their growth, resilience, and preparedness to face challenges both in adolescence and in their future lives.



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