

# VOICE WITHIN: A LIFE SKILLS JOURNEY AT KALLEPULLY ANGANWADI



## Energy, Encouragement, and Engagement

Project Coordinator Sreeja's presence brought warmth and encouragement throughout the day. Her creative games, open discussions, and thoughtful interventions ensured that each child felt seen and included. The blend of fun and purpose created an environment where students freely explored their ideas and emotions. The smiles, laughter, and eagerness to share were proof of a session that truly resonated with young minds.



## Where Learning Meets Real Life



The serene surroundings of Kallepully Anganwadi turned into a vibrant space of learning as Oleevia Foundation conducted its signature Jeevan Disha session for adolescent girls and boys. With real-life relevance at its core, the first session—led by the Foundation's Chief Project Manager and Psychologist, Gautam Ramakrishnan—helped participants understand how life skills influence everyday decisions, friendships, and emotional wellbeing.

## Unlocking the Power to Express

In the second session, communication took center stage—not just as a tool, but as a life-defining ability. Participants were introduced to self-expression, listening, body language, and respectful dialogue through engaging stories and group activities. The psychologist carefully guided the session to help each child recognize their voice and value it, paving the way for assertiveness, empathy, and clarity in their interactions.



## Growing Stronger with Every Step

The Jeevan Disha session in Kallepully was a powerful testament to Oleevia Foundation's Sashakt Bachpan Project and Gyaan Initiative, which aim to strengthen the emotional and cognitive foundations of children from underserved communities. By introducing key life skills at a critical developmental stage, the project not only educates but uplifts. It envisions a future where every child is equipped to handle life's challenges with confidence, clarity, and compassion—starting right from their own neighborhood Anganwadi.

**"From Anganwadi to Inner Wisdom – Empowering Futures with Life Skills."**