



TUESDAY
26/08/2025

ANTI-BULLYING SESSION AT ST ANN'S SENIOR SECONDARY SCHOOL



Expert Guidance

The main session was led by Mr. Gautam Ramakrishnan, Psychologist and Chief Project Manager of Oleevia Foundation. He explained how bullying affects both the person targeted and the one engaging in such behaviour, creating cycles of fear, guilt, and low self-esteem. Through stories, examples, and practical strategies, he helped students recognize early warning signs, understand the importance of reporting incidents, and learn effective ways to respond without escalating conflicts. To make the learning more interactive, Project Coordinator Ms. Sreeja conducted activities that allowed students to reflect on the impact of bullying. Role-play exercises, group discussions, and scenario-based games helped participants differentiate between harmless fun and harmful behaviour.



Oleevia Foundation organized an Anti-Bullying Awareness Programme at St Ann's Senior Secondary School, Muttikulangara, Palakkad, exclusively for Class 10 students. The initiative aimed to highlight the seriousness of bullying and its long-term consequences on emotional well-being, peer relationships, and academic growth. The session encouraged students to rethink everyday interactions and embrace empathy, respect, and responsibility in building a positive school culture.

Towards a Safer Tomorrow

The programme concluded with strong participation and enthusiastic feedback from students and teachers. Many students shared that the session helped them understand bullying in new ways and gave them confidence to address it proactively. Oleevia Foundation reaffirmed its commitment to cultivating safe and inclusive school spaces through sustained engagement. With continued vision and guidance from Mr. Krishnakumar K T, CMD, Oleevia Group, the Foundation aspires to spread this initiative to more schools across Kerala. By combining professional insights, interactive activities, and community partnerships, Oleevia Foundation is working to build a generation that values kindness, respect, and dignity, ensuring that every student feels safe, supported, and empowered.